

Connections
Membership Meeting
February 21, 2023
Physical Attendance: 35
Zoom Attendance: 14
Recorder: Sandra Kovarsky

Holiday Refreshments

A beautiful display of Valentine's Day Treats and decorations.

Welcome

Brenda Brunelle welcomed the members to the monthly General Meeting. Appreciation was expressed to all those working behind the scenes. Members were reminded to park only in the spots marked "CH", with a Connection sign displayed in the front window.

Membership

Susan Steele reviewed the new membership procedure. Sue stated that, due to the large number of individuals requesting membership, membership shall be limited to five (5) new members per month, on a first com, first served basis. New members will not be eligible to partake in activities until after they have been introduced by their sponsors at a General Meeting

Board members were introduced and thanked:

Past Presidents: Donna Singer/ Janet Daly
Vice Presidents: Jacquie Hinrichs/Marianne Siccardi
Membership: Susan Steele
Treasure: Lee Atieh
Secretary: not present

Technology

Donna Singer introduced herself as the "techie". Classes for group leaders shall be given. Those using an iPad will have a separate class.

Activity Leaders

Luncheon: Denise Santoro

February 28, at Andrea's in Waldwick. The first 5 members, who sent their checks, have been accepted. The remaining 9 members have been notified that they are on a waiting list.

The next luncheon will be on Wednesday, March 29, at Houlihan's in Ramsey. A notice will go out.

Cooking: Donna Singer

Virtual cooking class, February 23rd, with Italian chef, Yelena. Vegetarian

The next hosted luncheon will be the week of

April 17. Greek food has been chosen. Attendees are expected to bring a dish after consultation with the Hostess.

Fellowship Catered get together will be hosted by the Board on April 4th.

Membership: Susan Steele

Introduction of new members by their sponsors.

Lee Atieh Donna Khan

Carolyn Seibel.....Josephine Botta

Beth Burns.....Maria Milianis

Sue Robertson..... Josephine Brunoski

Janet Daly.....Susan Schwade

Solo Adventures: Delores La Ronca

Luncheon, February 25th; 1:00pm; at Limoncello., in Waldwick. Prix Fix, \$28 all inclusive. BYOB

Trips: Carolyn Seibel

42 people attended the Galentine Tea. A good time was had by all.

The next trip will be May 11th. A notice will go out the end of March. It will be a chocolate tasting trip to Brooklyn.

Changes in the Constitution

Donna Singer discussed the changes in the membership procedure. (Previously discussed by Sue Steele).

Donna also explained the change in policy and procedures relating to our donation to the Church.

Attendees voted to approve the changes by a show of hands.

Speakers

Jaquie Hinrichs introduced Dr. Cathy Gurman, Dr. Nicole Granert, and Dr. Jett Gurman from Westwood Chiropractic. They discussed the five elements to

promote good health and the role Chiropractic plays in wellness. A chair yoga class was given.