Connections Membership Meeting – First Presbyterian Church September 21, 2021 Attendees: 48

Donna Singer, President of *Connections*, **welcomed** everyone to the first in person meeting of Connections since early 2020. Future in person meetings are for vaccinated members only.

Lee Atieh gave the **treasurer's report**. At the end of August 2021, there was \$7,705 in the account. Major expense for the month was the purchase of a projector for use at meetings.

Margie Battaglia introduced **new members**: Nancy Weiss, Barbara Foley and Charlotte Frey. Pat Nell has rejoined as well. There are 155 members as of today.

The **movie discussion** will be led by Sue Steele and Sue Cassell, taking Janet Daly's place as she becomes President in January.

There is a **luncheon** on September 28 at the Mado restaurant in River Edge. See Denise Santora-Mosher if you would like to attend.

There is still room to join **the trip to Newark** scheduled for October 6. Contact Diane Paoli or Carolyn Seibel for more information.

The organization's **Policies and Procedures document** will be updated to reflect the creation of two separate offices: Membership and Recording Secretary. The change will be voted on in October. Donna will send out the revision before the next membership meeting.

New slate of officers will be announced in October with a vote to be taken in December. New officers will assume responsibilities in January.

Dues for 2022 are due by December 1. The membership fee is \$50 per year.

Cooking club will be meeting immediately after this meeting.

The guest speaker was Michael Tozzoli, the Director of West Bergen Mental Healthcare, a non-profit organization focused on the mental health of children and families. Michael's presentation focused on *Life After Lockdown* and mental health issues associated with the isolation and stress of the last 19 months. He talked about the types of coping skills we developed, how we can help ourselves now and how to identify friends and family members that may need help adjusting to the new environment. Michael can be reached at mtozzoli@westbergen.org or 201-444-3550. He welcomes all contact.